

Authors



ANN AUBURN, DO

Ann Auburn is a doctor of Osteopathy specializing in the area of complementary health care. She received her training at Michigan State University of Osteopathic Medicine completing her degree in 1992. Dr. Auburn completed her residency in Family Practice at E.W. Sparrow Hospital in Lansing, Michigan, and additional residency in Osteopathic Manipulative Medicine (OMM) at Michigan State University and is board certified in both disciplines. After residency, Dr. Auburn spent three years on faculty as an Assistant Professor of MSU College of Osteopathic Medicine. Dr. Auburn spent more than eight years independently training in various areas of natural and complementary health care with many physicians. Dr. Auburn maintains a Clinical Assistant Professorship through MSU College of Osteopathic Medicine in both the OMM and Family Practice Departments. Dr. Auburn was the President of the Kent County Osteopathic Association as well as a Professional Member on the Michigan Board of Osteopathic Medicine and Surgery. Dr. Auburn may be contacted at the Natural Health Improvement Center, 4466 Heritage Ct, Suite D, Grandville, MI 49418; Tel: 616.532.1411.



ROY BECHTEL, PT, PhD

Dr. Bechtel graduated from the University of Maryland with a BS in Physical Therapy in 1979. He received an MS in PT from New York University in 1981 and a PhD in Biomechanics from the University of Maryland in 1998. He teaches in the Department of Physical Therapy & Rehabilitation Science and has conducted continuing education courses nationally and internationally. His research interests are in manual physical therapy assessment and treatment of pain of spinal origin, and biomechanical modeling of forces applied to spinal and sacroiliac joints. Dr. Bechtel has published papers on the tolerance for isokinetic testing pre and post lumbar fusion, on the sacroiliac joint, has presented internationally and is co-author of one of the first artificial disc rehabilitation books in the country. He and Dr. Scott Benjamin have also co-authored a Functional Anatomy book which discusses how the muscles function and also what happens when they are impaired. Dr. Bechtel may be contacted at the University of Maryland; Physical Medicine and Rehabilitation, Baltimore, MD; Tel: 410.706.4544; www.pt.umaryland.edu.



SCOTT BENJAMIN, PT, DScPT

Dr. Benjamin received his undergraduate training from the Michigan Technological University and his physical therapy BS from the University of Illinois at Chicago. He finished his graduate work at the University of Maryland and he is co-author of the Post Surgical Rehabilitation text with Dr. Roy Bechtel. He has authored papers on TDA, lateral epicondylitis, modalities, isokinetic testing and aquatic therapy. He and Dr. Roy Bechtel have also co-authored a Functional Anatomy book discussing the function and impairment of muscles. Scott has taught continuing education courses nationally and internationally with his areas of interests being in biomechanics of the spine, sacroiliac joint, manual therapy and rehabilitation. Dr. Benjamin may be reached at Exclusive Physical Therapy, Inc., 416 S Creyts Road, Lansing, MI 48917; Tel: 517.327.0966; www.exclusivept.com.



MARK S. CANTIERI, DO, FAO

Mark S. Cantieri, DO, FAO is a graduate of Des Moines University College of Osteopathic Medicine and Surgery where he served an osteopathic manipulative medicine teaching fellowship. He is board certified in osteopathic manipulation. Dr. Cantieri has taught Prolotherapy with the American Association of Musculoskeletal Medicine and chaired the American Academy of Osteopathy's course on Prolotherapy since its inception in 1999. He has lectured extensively to local, national and international medical groups on Prolotherapy and osteopathic manipulation. He is a co-author of Principles of Prolotherapy, a medical textbook on Prolotherapy published in 2008. Dr. Cantieri is in private practice in Mishawaka, Indiana specializing in the treatment of acute and chronic musculoskeletal pain. You may contact his office at 574-271-8646 or by email at mscantieri@pol.net.



GARY B. CLARK, MD, MPA

Gary B. Clark, MD, MPA is currently the Medical Director of the Center for Healing Injury and Pain and Boulder Prolotherapy in Boulder, Colorado. Dr. Clark earned a BA and MD from University of Colorado, interned in Pediatrics at Yale-New Haven Hospital; and completed his residency and board certification in Pathology and Neuropathology at Walter Reed Army Medical Center and Armed Forces Institute of Pathology. Dr. Clark also earned a Masters Degree in Public Administration with Special Study in Organizational Development at George Washington University. He retired from the US Army in 1991 after 23 years of active duty. To contact Dr. Clark: 1790 30th Street, Suite 230, Boulder, Colorado 80301; Tel: 303.444.5131; www.doctorclark.com.



BABETTE GLADSTEIN, DVM

Dr. Babette Gladstein is a graduate of the University of Pennsylvania, School of Veterinary Medicine. Her post-doctoral work has included veterinary acupuncture at the American Academy of Veterinary Medical Acupuncture at Colorado State University, as well as pre-veterinary studies at Hunter College in New York City. She is a member of the American Association of Equine Practitioners, the American Veterinarian Medical Association, and the American Holistic Veterinary Medical Association. Dr. Gladstein has also been affiliated with The New York Racing Association, Meadowlands Raceway, and US Equestrian. As a licensed veterinarian in New York, New Jersey, Connecticut, Florida, and California, Dr. Gladstein's treatment modality expertise includes Prolotherapy, acupuncture, ultrasound, chiropractic, and massage therapy. Since the mid '80s, Dr. Gladstein observed and studied the benefits of nutrition and nutritional supplements in animal care and treatments and followed this with investigations into therapeutic ultrasound, massage and acupuncture, as well as physical therapy for horses. Dr. Gladstein may be reached at 45 East 89th Street, #31D, NY, NY 10128; Tel: 212.828.5663; www.Animalacupuncture.net.



RICHARD GRACER, MD

Richard Gracer, MD, Gracer Medical Group founder and director, has been a doctor for over 30 years who began his journey into the benefits of alternative health when a car accident left him with a broken neck bone. After receiving rapid welcome relief from an alternative therapist, he started his life long interest and education in alternative health treatments. Dr. Gracer has been practicing orthopedic medicine since 1979. He is certified in Addiction Medicine by the American Society of Addiction Medicine, board certified in Family Practice, and a Diplomate of the American Academy of Pain Management. Dr. Gracer may be contacted at 5401 Norris Canyon Rd, Ste 102, San Ramon, CA 94583; Tel: 925.277.1100; www.gracermedicalgroup.com.



KIMBERLY A. GRUEN, BA

Kimberly A. Gruen attended University of Wisconsin at La Crosse and received her BA in elementary education. Kim has worked in pre-K education as well as the retail industry and currently works on the administrative team at Caring Medical and Rehabilitation Services in Oak Park, IL where she contributes to many areas, including bibliography research, editing, and writing related to JOP and other written materials. Kim may be contacted at 715 Lake St. Suite 600, Oak Park, IL 60301; Tel: 708-848-7789; www.caringmedical.com.



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Marion A. Hauser, MS, RD received her Bachelor of Science in Nutrition from University of Illinois and her Master of Science in Nutrition and dietetic internship from Eastern Illinois University. Marion is the CEO of Caring Medical and Rehabilitation Services in Oak Park, Illinois and owner of Beulah Land Nutritionals. As a registered dietitian, Marion is also a well-known speaker and writer on a variety of topics related to natural medicine and nutrition. Marion has recently released *"The Hauser Diet: A Fresh Look at Healthy Living."* Marion co-authored the national best seller entitled *"Prolo Your Pain Away! Curing Chronic Pain with Prolotherapy"* along with a four-book mini series of Prolotherapy books, as well as a comprehensive sports book discussing the use of Prolotherapy for sports injuries. Marion Hauser may be reached at 715 Lake St. Suite 600, Oak Park, IL 60301; Tel: 708.848.7789; www.caringmedical.com.



ROSS A. HAUSER, MD

Ross A. Hauser, MD received his undergraduate degree from University of Illinois. He graduated from the University of Illinois College of Medicine in Chicago and did his residency at Loyola/Hines VA in Physical Medicine and Rehabilitation. Dr. Hauser is the Medical Director of Caring Medical and Rehabilitation Services in Oak Park, Illinois and is passionate about Prolotherapy and natural medicine. Dr. Hauser and his wife Marion, have written seven books on Prolotherapy, including the national best seller *"Prolo Your Pain Away! Curing Chronic Pain with Prolotherapy,"* now in its third edition, along with a four-book topical mini series of Prolotherapy books. He also spearheaded the writing of a 900-page epic sports book that discusses the use of Prolotherapy for sports injuries, *"Prolo Your Sports Injuries Away! Curing Sports Injuries and Enhancing Athletic Performance with Prolotherapy."* Dr. Hauser may be reached at 715 Lake St., Suite 600, Oak Park, IL 60301; Tel: 708.848.7789; www.caringmedical.com.



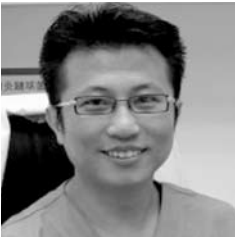
STACEY MATTHEWS, MS, PT

Stacey is co-owner of Perry Physical Therapy in Morrice, MI. It has been her long-time goal to bring a physical therapy clinic to the Perry area and she is excited to be working in her hometown. She graduated from Grand Valley State University in Allendale, MI with a Bachelors of Science in Health Science in 1998 and a Master of Science in Physical Therapy in 2000. Her special areas of interest are in orthopedics, sports medicine, manual therapy and aquatics. Stacey may be reached at Perry Physical Therapy, 2306 W. Lansing Rd, Morrice, MI 48857; Tel: 517.625.0772; www.perrypt.com.



GINA ORLANDO, MA, CH

Gina Orlando, MA, CH works as a certified hypnotherapist and wellness coach. Gina has a passion for health in body, mind, emotions and spirit and has worked for 28 years as an educator, consultant and writer in the holistic health field, helping people of all ages to make positive changes in their lives and health. She earned her Master of Arts degree from DePaul University in Chicago, IL in 1998 as an educator and consultant in holistic health promotion and complementary medical approaches to health. She is also a Reiki Master, is trained in Quantum Touch, Holographic Memory Resolution, the Transformational Healing Method and The Wise Mind Process. Gina may be contacted at 915 Pleasant St., Oak Park, IL 60302; Tel: 708.524.9103; www.ginaorlando.com.



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Dr. Lam received his medical degree from the University of Hong Kong; completed his residency in Family Medicine and is a Specialist in Family Medicine with special interest in Musculoskeletal and Sports Medicine in Hong Kong. He received his Diploma in Musculoskeletal Medicine from the University of Otago in New Zealand. He is the Medical Director and founder of the KH Lam Musculoskeletal and Family Medicine Centre in Hong Kong. He is also a Honorary Clinical Assistant Professor in Family Medicine of the University of Hong Kong and the Clinical Assistant Professor (Honorary) in Family Medicine of the Chinese University of Hong Kong. Dr Lam may be reached at Lam Musculoskeletal & Family Medicine Centre G/F 9A Luen On Street, Kwun Tong, Kowloon, Hong Kong. Tel: 23720888.



SCOTT R. STOLL, MD

Dr. Stoll earned his bachelor's degree from Colorado State University and later attended medical school at the University of Colorado. He joined Coordinated Health in 2002 as the Medical Director of the Back and Neck Center and Chairman for the department of Physical Medicine and Rehabilitation. Dr. Stoll is board certified by the American Board of Physical and Rehabilitation Medicine. Currently he is focusing his efforts in the area of regeneration and restoration of injured tissue through non-surgical treatment. Dr. Stoll competed in the 1994 Winter Olympics as a member of the US Olympic Bobsled team and currently is the athletic team physician for Lehigh University and a consulting physician for the United States Bobsled and Skeleton Federation. Scott may be contacted at Coordinated Health, 2300 Highland Ave., Bethlehem, PA 18020; Tel: 610.861.8080; SkStoll@juno.com.