

Authors



ANN AUBURN, DO

Ann Auburn is a doctor of Osteopathy specializing in the area of complementary health care. She received her Osteopathic Medicine degree in 1992 from Michigan State University. Dr. Auburn completed her residency in Family Practice at E.W. Sparrow Hospital in Lansing, Michigan, and additional residency in Osteopathic Manipulative Medicine (OMM) at Michigan State University and is board certified in both disciplines. After residency, Dr. Auburn spent three years on faculty as an Assistant Professor of MSU College of Osteopathic Medicine. Dr. Auburn maintains a Clinical Assistant Professorship through MSU College of Osteopathic Medicine in both the OMM and Family Practice Departments. Dr. Auburn was the President of the Kent County Osteopathic Association as well as a Professional Member on the Michigan Board of Osteopathic Medicine and Surgery. Dr. Auburn may be contacted at the Natural Health Improvement Center, 4466 Heritage Ct, Suite D, Grandville, MI 49418; Tel: 616.301.0808.



GUNTER BAEHNISCH, MD

Dr. Baehnisch grew up in Limbach and Leipzig, Germany. He received his medical degree from the University of Leipzig in 1972 and completed his medical training in Leipzig and Würzburg, Germany. After finishing his clinical education, he switched to musculoskeletal medicine as well as manual therapy. He also received specialized training in the Cyriax technique of Orthopedic Medicine. In 1994, Dr. Baehnisch opened his private office in the Center of Leipzig. Dr. Funck from Lübeck, Germany, introduced him to Prolotherapy. Since 2001, Dr. Baehnisch has come to the United States several times to take courses in Prolotherapy from many well known Prolotherapists. He traveled to Honduras with the Hackett-Hemwall Foundation to help with the missionary work there. He is member of the EAPro (European Academy for Prolotherapy). Dr. Baehnisch may be reached at Specialist for Orthopaedics/Chiropractic, Landsberger Str. 1, D-04157 Leipzig, Germany. Tel: 0049.341.911.12.97; www.proliferationstherapie.de (in English and German).



ROBERT BANNER, MD

Robert Banner, MD is currently an Assistant Professor in the Department of Anesthesia and Perioperative Medicine at the University of Western Ontario in London, Ontario, Canada. He is board certified in Family Medicine and Anesthesiology and holds additional certification in Traditional Chinese Medicine Acupuncture from the University of Alberta in Edmonton, Alberta, Canada. He is a member of many professional organizations and holds qualification with the American and Canadian Academies of Pain Management and the American Integrative and Holistic Medical Association. He is a consultant in the Multidisciplinary Pain Program at the University of Western Ontario. He uses traditional and complementary therapies in his practice including Prolotherapy, Neural Therapy, AK, and Nutritional and Functional Medicine. Dr. Banner may be reached at The University of Western Ontario, St. Joseph's Health Centre, 268 Grosvenor Street, London, ON, Canada, N6A 4V2; Tel: 519.868.7805; Email: robert.banner@sympatico.ca.



ROY BECHTEL, PT, PhD

Dr. Bechtel graduated from the University of Maryland with a BS in Physical Therapy in 1979. He received an MS in PT from New York University in 1981 and a PhD in Biomechanics from the University of Maryland in 1998. He teaches in the Department of Physical Therapy & Rehabilitation Science and has conducted continuing education courses nationally and internationally. His research interests are in manual physical therapy assessment and treatment of pain of spinal origin, and biomechanical modeling of forces applied to spinal and sacroiliac joints. Dr. Bechtel has published numerous papers, presented internationally, and co-authored one of the first artificial disc rehabilitation books in the country. He and Dr. Scott Benjamin also collaborated on a Functional Anatomy book. Dr. Bechtel may be contacted at the University of Maryland; Physical Medicine and Rehabilitation, Baltimore, MD; Tel: 410.706.4544; www.pt.umaryland.edu.



SCOTT BENJAMIN, PT, DScPT

Dr. Benjamin received his undergraduate training from the Michigan Technological University and his physical therapy BS from the University of Illinois at Chicago. He finished his graduate work at the University of Maryland and he is co-author of the Post Surgical Rehabilitation text with Dr. Roy Bechtel. He has authored papers on TDA, lateral epicondylitis, modalities, isokinetic testing and aquatic therapy. He and Dr. Roy Bechtel have also co-authored a Functional Anatomy book discussing the function and impairment of muscles. Scott has taught continuing education courses nationally and internationally with his areas of interests being in biomechanics of the spine, sacroiliac joint, manual therapy and rehabilitation. Dr. Benjamin may be reached at Exclusive Physical Therapy, Inc., 416 S Creyts Road, Lansing, MI 48917; Tel: 517.327.0966; www.exclusivept.com.



DEBRA K. BRINKER, RN

Debra K. Brinker, RN received her nursing degree from St. Lukes School of Nursing in Bethlehem, Pennsylvania. She has traveled throughout Mexico and Central America to care for and teach health care to primitive Indians, including the Tarahumara, Quetchi, and Mayan Indians. Her work also involved working with a team to begin an orphanage in Reynosa, Mexico. Eventually settling in Chicagoland, she now runs the laboratory at Caring Medical & Rehabilitation Services, in Oak Park, Illinois. Along with her duties in the lab, Debra is the primary nutrition coach for patients in The Hauser Diet program, which is fueled by her passion for healthy eating and an active lifestyle. Debra can be reached at Caring Medical & Rehabilitation Services, 715 Lake St., Suite 600, Oak Park, IL 60301; Tel: 708.848.7789; www.caringmedical.com.



GARY B. CLARK, MD, MPA

Gary B. Clark, MD, MPA is currently the Medical Director of the Center for Healing Injury and Pain and Boulder Prolotherapy in Boulder, Colorado. Dr. Clark earned a BA and MD from University of Colorado, interned in Pediatrics at Yale-New Haven Hospital; and completed his residency and board certification in Pathology and Neuropathology at Walter Reed Army Medical Center and Armed Forces Institute of Pathology. Dr. Clark also earned a Masters Degree in Public Administration with Special Study in Organizational Development at George Washington University. He retired from the US Army in 1991 after 23 years of active duty. To contact Dr. Clark: 1790 30th Street, Suite 230, Boulder, Colorado 80301; Tel: 303.444.5131; www.doctorclark.com.



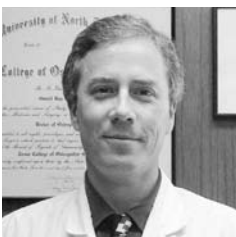
DAVID M. CRANE, MD

Dr. Crane is board certified in Sports Medicine and Emergency Medicine. He completed his fellowships at the University of Missouri. Dr. Crane has been utilizing bio-cellular grafts with ultrasound guidance for four years with experience in regenerative therapies for seven years. He has taught Regenerative Therapeutics and the use of bio-cellular grafting techniques throughout the country to doctors from all over the world. He has extensive knowledge of musculoskeletal ultrasound for diagnostic and needle guided therapies. Dr. Crane enjoys competing in Ironman Races, Adventure Racing and Triathlons. Dr. Crane may be reached at Crane Clinic Sports Medicine, 219 Chesterfield Towne Centre, Chesterfield, MO 63005; Tel: 636.449.7400; Fax: 636.449.7402; www.craneclinik.com.



BABETTE GLADSTEIN, VMD

Babette Gladstein, VMD is a graduate of the University of Pennsylvania, School of Veterinary Medicine. Her post-doctoral work has included veterinary acupuncture at the American Academy of Veterinary Medical Acupuncture at Colorado State University, as well as pre-veterinary studies at Hunter College in New York City. She is a member of the American Association of Equine Practitioners, the American Veterinarian Medical Association, and the American Holistic Veterinary Medical Association. Dr. Gladstein has also been affiliated with The New York Racing Association, Meadowlands Raceway, and US Equestrian. As a licensed veterinarian in New York, New Jersey, Connecticut, Florida, and California, Dr. Gladstein's treatment modality expertise includes Prolotherapy, acupuncture, ultrasound, chiropractic, and massage therapy. Since the mid '80s, Dr. Gladstein observed and studied the benefits of nutrition and nutritional supplements in animal care and treatments and followed this with investigations into therapeutic ultrasound, massage and acupuncture, as well as physical therapy for horses. Dr. Gladstein may be reached at 45 East 89th Street, #31D, NY, NY 10128; Tel: 212.828.5663; www.animalacupuncture.net.



GERALD R. HARRIS, DO

Gerald R. Harris, DO is a leader in the field of neural therapy, and has had extensive training including training with world-renowned physician and neural therapy expert Dietrich Klinghardt, MD in the early 1990s. Dr. Harris is a board member of the American College of Osteopathic Sclerotherapeutic Pain Management (the oldest Prolotherapy organization) and is a regular lecturer on the subject of neural therapy for the College. He is also board certified in musculoskeletal sclerotherapy (Prolotherapy), and a Clinical Instructor/Preceptor for medical students and residents from the University of North Texas School of Medicine. Dr. Harris can be reached at Harris Method Pain Treatment, 1550 W. Rosedale St., Suite 714, Ft Worth, TX 76104. Tel: 817.336.4810; www.neuraltherapytexas.com.



ROSS A. HAUSER, MD

Ross A. Hauser, MD received his undergraduate degree from University of Illinois. He graduated from the University of Illinois College of Medicine in Chicago and did his residency at Loyola/Hines VA in Physical Medicine and Rehabilitation. Dr. Hauser is the Medical Director of Caring Medical and Rehabilitation Services in Oak Park, Illinois and is passionate about Prolotherapy and natural medicine. Dr. Hauser and his wife Marion, have written seven books on Prolotherapy, including the national best seller *"Prolo Your Pain Away! Curing Chronic Pain with Prolotherapy,"* now in its third edition, a four-book mini series of Prolotherapy books, and a 900-page epic sports book on the use of Prolotherapy for sports injuries. Dr. Hauser may be reached at 715 Lake St., Suite 600, Oak Park, IL 60301; Tel: 708.848.7789; www.caringmedical.com.



JANE E. MEYERS, OTR/L

Jane E. Meyers graduated with a B.S. in Occupational Therapy from Mount Mary College, Milwaukee, Wisconsin, in 1984. She has been an occupational therapist for 25 years, licensed in both Wisconsin and Illinois. She completed graduate level courses in Sensory Integration and Praxis Tests (S.I.P.T.) and Assistive Technology. She has advanced training in Sensory Integration, autism, and handwriting remediation. She is employed in special education in Lake County, Illinois for S.E.D.O.L.. She also works as an independent contracting therapist providing Myofascial Release Therapy at the Wisconsin Center for Myofascial Release in Kenosha, Wisconsin. She resides in Kenosha, WI and is involved in local community theatre. Jane Meyers may be reached by email at janemeyers@hotmail.com.



KRISTIN S. TATE, MD

Dr. Tate completed her fellowships at the University of Missouri in Columbia, Missouri. She is board certified in Family Practice and Primary Care Sports Medicine. She joined the Crane Clinic in 2008 where she currently practices with Dr. Crane. She has extensive knowledge of percutaneous bio-cellular grafts, supporting matrices and musculoskeletal ultrasound for both diagnosis and needle guided techniques. Dr. Tate enjoys distance running and spending time with her family on their 200 acres in Columbia, Missouri. Her practice time is divided between the Crane Clinic locations in Chesterfield and Columbia. Dr. Tate may be reached at Crane Clinic Sports Medicine, 219 Chesterfield Towne Centre, Chesterfield, MO 63005; Tel: 636.449.7400; Fax: 636.449.7402; www.craneclinik.com.



NATHAN WEI, MD, FACP, FACR

Nathan Wei, MD is a graduate of Swarthmore College and the Jefferson Medical College. He completed his residency at the University of Michigan Medical Center in Ann Arbor, Michigan and his fellowship in arthritis at the National Institutes of Health in Bethesda, Maryland. Dr. Wei is an acknowledged national expert in rheumatoid arthritis and osteoarthritis and is the author of more than 500 publications. He is a Fellow of the American College of Physicians, a Fellow of the American College of Rheumatology, and is the only American rheumatologist member in the Arthroscopy Association of North America. Dr. Wei is considered an authority and expert in stem cell and platelet-rich plasma (PRP) procedures. He is active in clinical research and is the Director of the Arthritis and Osteoporosis Center of Maryland, located in Frederick, Maryland. Dr. Wei may be reached at 71 Thomas Johnson Drive, Frederick, MD 21702. Tel: 301.694.5800; www.aocm.org.



ROB WERSTINE, BA, BSc PT, DIP. SPORT, DIP. MANIP, FCAMT

Rob Werstine is the Senior Physiotherapist at the Fowler-Kennedy Sport Medicine Clinic – Fanshawe College, and the Head Therapist for Varsity Athletics at Fanshawe College. He teaches in the Fitness and Health Promotion program at Fanshawe and holds an adjunct teaching appointment in the School of Graduate Studies at the University of Western Ontario. He is a post-graduate instructor in orthopaedics and has been chief therapist for several national and international events. His areas of research interest are shoulder dislocations, assessment and treatment of lower quadrant stability, and rehabilitation of patients with anterior cruciate ligament injury and/or surgery. Rob may be reached at Fowler-Kennedy Sport Medicine Clinic – Fanshawe College, 1001 Fanshawe College Blvd., Room SC 1001, London, ON, Canada, N5Y 5R6; Tel: 519.452.4230; Email: rwerstine@fanshawec.ca.