

Authors



NICOLE M. BAIRD, CHFP

Nicole M. Baird is a Certified Holistic Fitness Practitioner and is the Marketing and Publications Manager for Caring Medical & Rehabilitation Services, as well as Beulah Land Corporation, in Oak Park, Illinois. Her passion for writing, nutrition, and food lead her down the path of co-authoring *The Hauser Diet: A Fresh Look at Healthy Living!* Nicole has an avid interest in nutrition, alternative medicine, exercise, and medical research and has used her knowledge to become an instrumental writer for many of the publications associated with Caring Medical/Beulah Land Corporation's many printed materials, including patient brochures, website content, case studies, books, e-newsletters, and now the *Journal of Prolotherapy*®. Nicole can be reached at Caring Medical & Rehabilitation Services, 715 Lake St. Suite 600, Oak Park, IL 60301; Tel: 708.848.7789; www.caringmedical.com and www.journalofprolotherapy.com.



PETER J. BLAKEMORE, DO

Dr. Peter Blakemore graduated from Bob Jones University in 2004 with a BS in Premedicine. He completed his medical school training at the University of New England College of Osteopathic Medicine in Biddeford, Maine, graduating with a Doctorate of Osteopathy in 2008, followed by an internship at Samaritan Medical Center in Watertown, New York. Dr. Blakemore is currently completing a residency in Neuromuscular Medicine and Osteopathic Manipulative Medicine at Michigan State University College of Osteopathic Medicine in East Lansing, Michigan, where he also teaches in the department of Manual Medicine. Dr. Blakemore has had the privilege of working with and training under Dr. Hauser for ten years and has worked in many medical missionary Prolotherapy clinics. Dr. Blakemore has a love for Prolotherapy and hopes to use it in his medical practice upon completion of his residency. Dr. Blakemore is married to his wife Krista and they have one daughter Petra. In his free time, he enjoys spending time with family, Bible reading, hiking, cycling, and running, having completed the Ironman Triathlon in 2004.



JOANNE BORG-STEIN, MD

Joanne Borg-Stein, MD is Medical Director of Spaulding-Wellesley and Newton-Wellesley Spine Center. In addition, she is the team physician for Wellesley College and assistant professor in the Harvard Medical School Department of Physical Medicine and Rehabilitation. Dr. Borg-Stein received her undergraduate degree at Tufts University and her MD at Albert Einstein College of Medicine. Dr. Borg-Stein provides comprehensive musculoskeletal care, including medical acupuncture, Prolotherapy, and Botox injections. She is involved with gender specific care for women's musculoskeletal injuries including conditions related to pregnancy, sports and osteoporosis. Dr. Borg-Stein has published numerous peer-reviewed articles and book chapters in the field of sports medicine, chronic pain, and rehabilitation. Dr. Borg-Stein may be reached at Spaulding-Wellesley Rehab Center, 65 Walnut Street, Wellesley, MA 02481; Tel: 781.431.9144; www.spauldingrehab.org.



JERI COFFEY, DDS

Jeri Coffey, DDS received her Bachelor's degree from North Central College in Naperville, and her DDS from Loyola University Dental School. She has headed up her General Dentistry private practice since 1981 in Riverside, Illinois. She was also an Associate Professor of Operative Dentistry at Loyola University Dental School from 1989-1992. Dr. Coffey has a Masters in homeopathic medicine, training in clinical hypnosis, along with training at the Dawson Academy of Functional Occlusion. Dr. Coffey may be reached at 24 Woodside Rd, Riverside, IL 60546; Tel: 708.442.0115.



JOERN FUNCK, MD

Dr. Funck grew up in Luebeck, Germany. After receiving his MD from the University of Hamburg in 1968 he completed his trauma surgery and orthopedic surgeon training in Hannover and Braunschweig, Germany. After finishing his clinical education he left the operating branch and switched to musculoskeletal medicine, as well as manual therapy, opening his own private office in Luebeck in 1975. In Bremen, Germany, Dr. Funck took up studies in orthopedic medicine, focusing on Cyriax diagnosis and treatment of soft tissues. He studied manual therapy with Prof. Tilscher from Vienna who first introduced him to Prolotherapy for low back pain patients. Dr. Funck may be reached at Fackenburg Allee 22-24 23554 Lübeck, Germany; Tel: 0451.411.20; www.proliferationstherapie.de.



BABETTE GLADSTEIN, VMD

Babette Gladstein, VMD is a graduate of the University of Pennsylvania, School of Veterinary Medicine. Her post-doctoral work has included veterinary acupuncture at the American Academy of Veterinary Medical Acupuncture at Colorado State University, as well as pre-veterinary studies at Hunter College in New York City. She is a member of the American Association of Equine Practitioners, the American Veterinarian Medical Association, and the American Holistic Veterinary Medical Association. Dr. Gladstein has also been affiliated with The New York Racing Association, Meadowlands Raceway, and US Equestrian. As a licensed veterinarian in New York, New Jersey, Connecticut, Florida, and California, Dr. Gladstein's treatment modality expertise includes Prolotherapy, acupuncture, ultrasound, chiropractic, and massage therapy. Since the mid '80s, Dr. Gladstein observed and studied the benefits of nutrition and nutritional supplements in animal care and treatments and followed this with investigations into therapeutic ultrasound, massage and acupuncture, as well as physical therapy for horses. Dr. Gladstein may be reached at 45 East 89th Street, #31D, NY, NY 10128; Tel: 212.828.5663; www.animalacupuncture.net.



ROY V. HAKALA, DDS

Roy V. Hakala, DDS is a graduate of the University of Minnesota School of Dentistry. He received advanced training at the United States Dental Institute, the American Academy of Craniofacial Pain, and the National Capitol Center for Craniofacial Pain. He is a diplomate of both the American Board of Craniofacial Pain and the American Board of Dental Sleep Medicine. He established the Minnesota Craniofacial Center Midway, which is dedicated to the treatment of TMJ disorders and to oral appliance treatment of obstructive sleep apnea, in 1994. Dr. Hakala can be reached at 1690 University Avenue West #390, St. Paul, MN 55104; Tel: 651.642.1013; www.mncranio.com.



ROSS A. HAUSER, MD

Ross A. Hauser, MD received his undergraduate degree from University of Illinois. He graduated from the University of Illinois College of Medicine in Chicago and did his residency at Loyola/Hines VA in Physical Medicine and Rehabilitation. Dr. Hauser is the Medical Director of Caring Medical and Rehabilitation Services in Oak Park, Illinois and is passionate about Prolotherapy and natural medicine. Dr. Hauser and his wife Marion, have written seven books on Prolotherapy, including the national best seller "*Prolo Your Pain Away! Curing Chronic Pain with Prolotherapy*," now in its third edition, a four-book mini series of Prolotherapy books, and a 900-page epic sports book on the use of Prolotherapy for sports injuries. Dr. Hauser may be reached at 715 Lake St., Suite 600, Oak Park, IL 60301; Tel: 708.848.7789; www.caringmedical.com.



JACK HENRY, DC, DACBR

Dr. Henry holds a BS in Human Biology and a BS in Public Health. Dr. Henry graduated from National College of Chiropractic (National University of Health Science) and later completed the residence program in Diagnostic Imaging (Radiology). Dr. Henry is a Diplomate to the American Chiropractic Board of Radiology. He has over 20 years experience interpreting diagnostic images for chiropractors and medical doctors across the country. Dr. Henry is published and has lectured on topics of radiology for state and local chiropractic societies. At present, Dr. Henry makes his home in Massachusetts with his wife Lisa. Together, they have three adult children, all of whom currently serve in the Armed Forces. Dr. Henry is Radiologist-in-Chief of Radiology Diagnostics, LLC. If you would like to contact Dr. Henry e-mail him at jhenry@radiologydiagnostics.com.



KIM M. LEDERMANN, DDS

Dr. Ledermann is a graduate of the University of Minnesota School of Dentistry and holds a Master's degree in oral function/speech and language pathology. She is certified in the diagnosis and treatment of craniofacial disorders by the Institute of Craniofacial Pain and is a member of the American Academy of Dental Sleep Medicine. She joined the Minnesota Craniofacial Center Midway in 2009. Dr. Ledermann can be reached at 1690 University Avenue West #390, St. Paul, MN 55104; Tel: 651.642.1013; www.mncranio.com.



HAVIL S. MADDELA

Havil S. Maddela currently works as a medical assistant at Caring Medical and Rehabilitation Services in Oak Park, Illinois. He has had a passion for medicine since he was young and is currently enrolled in the Pre-Med program at Loyola University, Chicago where he will graduate in May 2010 with a degree in biology. Havil has worked in a medical missionary clinic during his high school years as well. Havil hopes to attend Medical School in the fall of 2010. Havil may be reached at 715 Lake St., Suite 600, Oak Park, IL 60301; Tel: 708.848.7789; www.caringmedical.com.



HILARY J. PHILLIPS

Hilary J. Phillips received her Associate of Science degree from Triton College, in River Grove, Illinois. Her previous medical experience includes volunteering at Beulah Land Natural Medicine Clinic and working as medical assistant in skilled care geriatric nursing, prior to coming to Caring Medical and Rehabilitation Services where she served as a medical assistant for over a year. Hilary is currently a student at North Park University, where she is pursuing a Bachelor of Science degree in chemistry.



DOUG R. SKINKIS

Doug R. Skinkis, a native Chicagoan, graduated from Northern Illinois University with a degree in Communications with a Radio and Television emphasis, minor in Art. He worked as a recruiter for Western Technical Services placing engineers, drafters, in contract, part-time, and full-time positions; then for Impact Label as the Plant Manager of a label and sticker manufacturer; and then for Napco Graphics as the Shipping/Receiving and QA/QC Manager. Doug currently works as the Director of Operations for Caring Medical and Rehabilitation Services where he assists with many of the graphic design and videography for their websites and publications. Doug also assists the senior graphic designer of the *Journal of Prolotherapy* with artwork. Doug may be reached at 715 Lake St., Suite 600, Oak Park, IL 60301; Tel: 708.848.7789; www.caringmedical.com.



RODNEY S. VAN PELT, MD

Rodney S. Van Pelt, MD received his medical degree from Loma Linda University Medical School and completed his family practice residency in Florida. He practiced family medicine for several years until falling in love with the specialty of Orthopedic Medicine which uses all the different modalities for pain with conservative treatments. Dr. Van Pelt then received specialized training in the Cyriax technique of Orthopedic Medicine, taking some of his training in Oxford, England. He is one of the few American physicians who is a member of the Society of Orthopedic Medicine of London, England. Dr. Van Pelt practices full time Prolotherapy in northern California. Dr. Van Pelt may be reached at Orthopedic Wellness Center Plaza Del Sol, 776 S State St., Ukiah, CA 95482; Tel: 707.463.1782; www.sfpmg.com.



WANONA WELLSPRING, DN

Dr. Rev. Wanona Wellspring, DN, Licensed Doctor of Naprapathy received her doctorate in 1999 from the National College of Naprapathic Medicine. Naprapathy is a manual therapy that specializes in connective tissue disorders. She is the creator of Wellspring Massage, editor of Oak Leaves, a professional newsletter for the Naprapathic community, as well as the Educational Chair for the Naprapathic Academy of Science Education and Research, producing educational seminars for health professionals for continuing education. Dr. Wellspring incorporates clinical nutrition and exercise physiology into a complete healing process that includes Naprapathy, Myofascial Release, Cranio Sacral technique and Yoga therapeutics. Dr. Wellspring can be reached at the Wellspring Family Health Centre at 339 W Palatine Rd, Palatine, IL 60067; Tel: 847.496.7207; www.wellspringfamily.org.